

RESOLUTION NO. 518

WHEREAS, it is the opinion of Dr. Angel Cardona, Health Officer of the City of Alexandria, that "prolonged sitting does result in circulatory stasis ... with or without dependent edema ..." and

WHEREAS, it is obvious that strong kidneys constitute the major qualification for service on City Council; and

WHEREAS, this is indeed an extraordinary qualification for good governing and one rarely mentioned during political campaigns; and

WHEREAS, members of Council are forced to sit in chairs designed by an anarchist and selected by a satanic sadist; and

WHEREAS, it is the opinion of Dr. William Higgs, Director of the Alexandria Community Mental Health Center, that "one's ability to maintain a high level of attention to new material can be expected to decrease more and more as the period gets longer and longer ..." without relief; and

WHEREAS, history proves that City Managers, who commonly get up and hustle about during Council meetings, have a far longer life span than Council members who stay put; and

WHEREAS, not all members of Council can view with equanimity a shortened life span and an earlier arrival into the hereafter,

NOW, THEREFORE, BE IT RESOLVED That the Chair be and hereby is directed to devise reasonable means by which the Chair, members of Council and attendant staff will have an opportunity to stand, stretch, take a quick turn around the room, exchange pleasantries (or their opposites) with one another, or dash off to the bathroom (upon request) so that meetings of City Council will no longer be damaging to the blood circulation, the leg muscles, the back muscles, the heart action, the kidneys; and the thought processes of any or all persons sharing in Council meetings.

Helen Holleman, Clerk of the City of
Alexandria, Virginia

Adopted October 26, 1976.